# Mycelio's METHOD

How To Use Mycelio's All-in-One Grow Bags

#### What You'll Need:

- A Mycelio All-in-One
- Genetics From Our Partners
- A 4 4/5" x 1/8" Rubber Band
- Micropore Tape
- Scissors or Box Cutter
- 70% Isopropyl Alcohol
- Nitrile Gloves
- Lots of Patience



#### SANITIZE YOUR WORKSPACE

Before inoculating your All-in-One Grow Bag, thoroughly clean your hands, tools, and workspace with 70% isopropyl alcohol. Be sure to wipe down your Grow Bag, and wear nitrile gloves to further minimize risk of contamination.



Locate the injection port on the All-in-One Grow Bag. Clean the area with alcohol to minimize contamination. This step is crucial for a successful inoculation.





### FLAME STERILIZE & INOCULATE

Carefully flame sterilize the needle of your chosen genetics syringe until it glows red, then let it cool briefly. Be careful not to melt the plastic. Insert the syringe into the injection port and inject 3-5 ml of solution. After injecting, withdraw the needle and carefully place the cap back on the needle.



Immediately after inoculating, gently massage the bag to mix the contents (grain and substrate) together. This helps evenly distribute the genetics. Once mixed, let the contents settle at the bottom of the bag.





#### IDEAL STORAGE CONDITIONS

After inoculating, store the bag in a dark location at room temperature. A closet or bookshelf in a bedroom where there is minimal sunlight and foot traffic is recommended for home-growers. Monitor the bag regularly, but avoid unnecessary handling, which can cause the mycelium growth to slow or even stall.

## MORE FRESH AIR EXCHANGE

Once the bag has reached full colonization (the substrate appears fully white), clean the outside of the grow bag and your cutting tool (scissors or a box cutter) with isopropyl alcohol. Then, place a rubber band around the colonized block, positioning it roughly 2 inches above the bottom of the block to help prevent side pinning. Next, carefully make two 2-3 inch slits just above the colonized block and cover the slits with micropore tape, available on our website.





#### HARVEST & 2ND FLUSH

Once the caps of your mushrooms have opened and the veil underneath has visibly broken, they are ready to harvest. Using a clean cutting tool, carefully cut open the top of the bag, leaving enough excess above the filter patch to roll down and seal with micropore tape for additional flushes. Be sure to wear nitrile gloves to minimize the risk of contamination.

STILL HAVE QUESTIONS? REACH OUT TO US AT SUPPORT@MYCELIOMYCO.COM

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